



10. Nordic-Walking-Tag in Bad Berka

Bad Berka / 28.04.2012

Detailed evaluation

Lässig, Rosemarie

Club: Weimar

Number: 19

Course: 9.30 km

Adelsberg-Walk

Total time: 1:55:45

Speed: 4.67 km/h

metres in height up: 220

Course score: 12.30

performance score: 61 Points