



dayfit City-Lauf Gotha - 19. Gothaer City-Lauf
Gotha / 29.04.2012

Detailed evaluation

Rabe, Thomas

Club: Saalfeld
Number: 245

Course: 10.50 km
City-Lauf

Category:
Männer M40

Total time: 59:35

Speed: 10.07 km/h
Running performance: 5:40 min/km

Rank in course/Total: 100 (of 186)

Rank in course/Men: 93 (of 154)

Best time in course: 35:39

Rank in category: 21(of 26)

Best time in the category: 41:07