



dayfit City-Lauf Gotha - 19. Gothaer City-Lauf
Gotha / 29.04.2012

Detailed evaluation

Knoll, Michael

Club: LG Bad Frankenhausen
Number: 309

Course: 10.50 km
City-Lauf

Category:
Männer M45

Total time: 1:02:00

Speed: 9.68 km/h
Running performance: 5:54 min/km

Rank in course/Total: 122 (of 186)

Rank in course/Men: 112 (of 154)

Best time in course: 35:39

Rank in category: 21(of 25)

Best time in the category: 44:25