



dayfit City-Lauf Gotha - 19. Gothaer City-Lauf  
Gotha / 29.04.2012

## Detailed evaluation

Lüttkopf, Uwe

Club: Sondershausen  
Number: 336

Course: 10.50 km  
City-Lauf

Category:  
Männer M45

Total time: 1:05:10

Speed: 9.21 km/h  
Running performance: 6:13 min/km

Rank in course/Total: 139 (of 186)

Rank in course/Men: 125 (of 154)

Best time in course: 35:39

Rank in category: 23(of 25)

Best time in the category: 44:25