



dayfit City-Lauf Gotha - 19. Gothaer City-Lauf  
Gotha / 29.04.2012

Detailed evaluation

**Bechstein, Michael**

Club: TABBS Vital  
Number: 56

Course: 10.50 km  
City-Lauf

Category:  
Männer M45

Total time: 1:10:07

Speed: 8.56 km/h  
Running performance: 6:41 min/km

Rank in course/Total: 161 (of 186)

Rank in course/Men: 139 (of 154)

Best time in course: 35:39

Rank in category: 25(of 25)

Best time in the category: 44:25