



dayfit City-Lauf Gotha - 19. Gothaer City-Lauf
Gotha / 29.04.2012

Detailed evaluation

Zscharnt, Holger

Club: DAV Inselberg
Number: 31

Course: 10.50 km
City-Lauf

Category:
Männer M40

Total time: 1:16:34

Speed: 8.23 km/h
Running performance: 7:17 min/km

Rank in course/Total: 176 (of 186)

Rank in course/Men: 148 (of 154)

Best time in course: 35:39

Rank in category: 26(of 26)

Best time in the category: 41:07