



dayfit City-Lauf Gotha - 19. Gothaer City-Lauf
Gotha / 29.04.2012

Detailed evaluation

Glager, Andreas

Club: VfL 28 Ellrich
Number: 315

Course: 10.50 km
City-Lauf

Category:
Männer M45

Total time: 48:06

Speed: 12.47 km/h
Running performance: 4:35 min/km

Rank in course/Total: 20 (of 186)

Rank in course/Men: 20 (of 154)

Best time in course: 35:39

Rank in category: 5(of 25)

Best time in the category: 44:25