



dayfit City-Lauf Gotha - 19. Gothaer City-Lauf  
Gotha / 29.04.2012

Detailed evaluation

Poch, Lisa

Club: 'SRS "Oststadt Gotha"'  
Number: 1753

Course: 2.30 km  
Schülerlauf lang

Category:  
weiblich, AK 15

Total time: 30:39

Speed: 3.92 km/h  
Running performance: 13:20 min/km

Rank in course/Total: 218 (of 286)

Rank in course/Women: 103 (of 160)

Best time in course: 23:46

Rank in category: 20(of 24)

Best time in the category: 25:24