



dayfit City-Lauf Gotha - 19. Gothaer City-Lauf
Gotha / 29.04.2012

Detailed evaluation

Gräfe, Michael

Club: SG Tonna
Number: 299

Course: 10.50 km
City-Lauf

Category:
Männer M30

Total time: 54:56

Speed: 10.92 km/h
Running performance: 5:14 min/km

Rank in course/Total: 60 (of 186)

Rank in course/Men: 57 (of 154)

Best time in course: 35:39

Rank in category: 5(of 10)

Best time in the category: 41:10