



dayfit City-Lauf Gotha - 19. Gothaer City-Lauf
Gotha / 29.04.2012

Detailed evaluation

Sauerwald, Bernd

Club: Lauffreunde Gotha
Number: 73

Course: 10.50 km
City-Lauf

Category:
Männer M50

Total time: 55:33

Speed: 10.80 km/h
Running performance: 5:17 min/km

Rank in course/Total: 65 (of 186)

Rank in course/Men: 61 (of 154)

Best time in course: 35:39

Rank in category: 5(of 19)

Best time in the category: 46:57