



dayfit City-Lauf Gotha - 19. Gothaer City-Lauf
Gotha / 29.04.2012

Detailed evaluation

Pohl, Wolfgang

Club: SV Normania Treffurt
Number: 83

Course: 10.50 km
City-Lauf

Category:
Männer M60

Total time: 56:25

Speed: 11.17 km/h
Running performance: 5:22 min/km

Rank in course/Total: 72 (of 186)

Rank in course/Men: 67 (of 154)

Best time in course: 35:39

Rank in category: 4(of 10)

Best time in the category: 45:41