



dayfit City-Lauf Gotha - 19. Gothaer City-Lauf
Gotha / 29.04.2012

Detailed evaluation

Dalbert, Frank

Club: Erfurt
Number: 330

Course: 10.50 km
City-Lauf

Category:
Männer M45

Total time: 57:26

Speed: 10.45 km/h
Running performance: 5:28 min/km

Rank in course/Total: 81 (of 186)

Rank in course/Men: 75 (of 154)

Best time in course: 35:39

Rank in category: 16(of 25)

Best time in the category: 44:25