



dayfit City-Lauf Gotha - 19. Gothaer City-Lauf
Gotha / 29.04.2012

Detailed evaluation

Balsam, Martin

Club: SV Emsetal
Number: 234

Course: 10.50 km
City-Lauf

Category:
Männer M30

Total time: 57:30

Speed: 10.43 km/h
Running performance: 5:29 min/km

Rank in course/Total: 82 (of 186)

Rank in course/Men: 76 (of 154)

Best time in course: 35:39

Rank in category: 6(of 10)

Best time in the category: 41:10