



## 4. Bad Harzburger Bio Racer Bike-Marathon

Bad Harzburg / 29.04.2012

### Detailed evaluation

**Lorenz, Jan-Helge**

Club: Focus RAPIRO Racing

Number: 5013

Course: 95.00 km

Hauptrennen Harzer MTB-Cup - 5 Runden

Category:

Senioren

Total time: 4:56:01

Speed: 19.26 km/h

Rank in course/Total: 23 (of 60)

Rank in course/Men: 23 (of 57)

Best time in course: 4:11:12

Rank in category: 7(of 21)

Best time in the category: 4:11:12

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	12.80	36:36	19.67	5	2:43	20	3:03	12.80	36:36	19.67	12	0:09	3	
Lap 2	19.00	55:21	20.60	5	6:05	20	6:05	31.80	1:31:57	20.23	12		3	
Lap 3	19.00	58:07	19.62	7	8:16	23	8:16	50.80	2:30:04	19.99	12		50	
Lap 4	19.00	1:02:01	18.38	10	11:55	29	11:57	69.80	3:32:05	19.52	12		49	
Lap 5	19.00	1:06:00	17.27	12	13:48	33	13:48	88.80	4:38:05	18.99	7	42:37	12	
Last lap Finish	6.20	17:56	20.07	10	2:54	29	3:28	95.00	4:56:01	19.26	7	44:49	24	2:00:34