



## 14. Slusialauf "Zur Eisernen Hand"

Schleusingen / 29.04.2012

### Detailed evaluation

Holland-Moritz, Denny

Club: RTV Haselgrund

Number: 379

Course: 16.50 km

Hauptlauf

Category:

Männer M20

Total time: 1:14:38

Speed: 12.86 km/h

Running performance: 4:31 min/km

Rank in course/Total: 10 (of 79)

Rank in course/Men: 10 (of 66)

Best time in course: 1:02:52

Rank in category: 4(of 10)

Best time in the category: 1:05:13