



## 14. Slusialauf "Zur Eisernen Hand"

Schleusingen / 29.04.2012

### Detailed evaluation

**Schade, Ronny**

Club: WSV 1907 Neuhaus

Number: 352

Course: 16.50 km

Hauptlauf

Category:

Männer M30

Total time: 1:17:58

Speed: 12.31 km/h

Running performance: 4:44 min/km

Rank in course/Total: 18 (of 79)

Rank in course/Men: 17 (of 66)

Best time in course: 1:02:52

Rank in category: 2(of 6)

Best time in the category: 1:15:28