



14. Slusialauf "Zur Eisernen Hand"

Schleusingen / 29.04.2012

Detailed evaluation

Leuthäuser, Ralf

Club: Rennsteiglaufverein

Number: 362

Course: 16.50 km

Hauptlauf

Category:

Männer M35

Total time: 1:19:27

Speed: 12.08 km/h

Running performance: 4:49 min/km

Rank in course/Total: 22 (of 79)

Rank in course/Men: 20 (of 66)

Best time in course: 1:02:52

Rank in category: 4(of 7)

Best time in the category: 1:06:29