



## 14. Slusialauf "Zur Eisernen Hand"

Schleusingen / 29.04.2012

### Detailed evaluation

**Knülpper, Jörg**

Club: TBB Suhl/Meinigen

Number: 353

Course: 16.50 km

Hauptlauf

Category:

Männer M45

Total time: 1:21:26

Speed: 12.16 km/h

Running performance: 4:56 min/km

Rank in course/Total: 26 (of 79)

Rank in course/Men: 24 (of 66)

Best time in course: 1:02:52

Rank in category: 4(of 11)

Best time in the category: 1:02:52