



14. Slusialauf "Zur Eisernen Hand"

Schleusingen / 29.04.2012

Detailed evaluation

Henkel, Andre

Club: LAV Saale-Rennsteig

Number: 310

Course: 16.50 km

Hauptlauf

Category:

Männer M45

Total time: 1:23:25

Speed: 11.51 km/h

Running performance: 5:04 min/km

Rank in course/Total: 31 (of 79)

Rank in course/Men: 29 (of 66)

Best time in course: 1:02:52

Rank in category: 6(of 11)

Best time in the category: 1:02:52