



## 14. Slusialauf "Zur Eisernen Hand"

Schleusingen / 29.04.2012

### Detailed evaluation

**Schaaf, Jörg**

Club: Schleusingen

Number: 318

Course: 16.50 km

Hauptlauf

Category:

Männer M40

Total time: 1:27:21

Speed: 11.33 km/h

Running performance: 5:17 min/km

Rank in course/Total: 41 (of 79)

Rank in course/Men: 38 (of 66)

Best time in course: 1:02:52

Rank in category: 9(of 14)

Best time in the category: 1:12:08