



14. Slusialauf "Zur Eisernen Hand"

Schleusingen / 29.04.2012

Detailed evaluation

Wolfram, Heidi

Club: SWV Goldlauter- Heidersbach

Number: 340

Course: 16.50 km

Hauptlauf

Category:

Frauen W55

Total time: 1:28:39

Speed: 10.83 km/h

Running performance: 5:22 min/km

Rank in course/Total: 46 (of 79)

Rank in course/Women: 5 (of 13)

Best time in course: 1:17:43

Rank in category: 1(of 1)

Best time in the category: 1:28:39