



14. Slusialauf "Zur Eisernen Hand"

Schleusingen / 29.04.2012

Detailed evaluation

Gericke, Steffen

Club: SC Steinbach-Hallenberg

Number: 380

Course: 16.50 km

Hauptlauf

Category:

Männer M45

Total time: 1:29:40

Speed: 11.04 km/h

Running performance: 5:26 min/km

Rank in course/Total: 49 (of 79)

Rank in course/Men: 43 (of 66)

Best time in course: 1:02:52

Rank in category: 9(of 11)

Best time in the category: 1:02:52