



## 14. Slusialauf "Zur Eisernen Hand"

Schleusingen / 29.04.2012

### Detailed evaluation

**Von Nordheim, Burkhard**

Club: SC Motor Zella-Mehlis

Number: 349

Course: 16.50 km

Hauptlauf

Category:

Männer M55

Total time: 1:36:04

Speed: 9.99 km/h

Running performance: 5:49 min/km

Rank in course/Total: 61 (of 79)

Rank in course/Men: 51 (of 66)

Best time in course: 1:02:52

Rank in category: 2(of 6)

Best time in the category: 1:18:11