



14. Slusialauf "Zur Eisernen Hand"

Schleusingen / 29.04.2012

Detailed evaluation

Zobirei, Ralf

Club: SWV Goldlauter- Heidersbach

Number: 355

Course: 16.50 km

Hauptlauf

Category:

Männer M60

Total time: 1:48:00

Speed: 9.17 km/h

Running performance: 6:33 min/km

Rank in course/Total: 74 (of 79)

Rank in course/Men: 61 (of 66)

Best time in course: 1:02:52

Rank in category: 4(of 4)

Best time in the category: 1:24:13