



2. Eisleber Frühlingslauf  
Lutherstadt Eisleben / 01.05.2012

Detailed evaluation

Aspe, Frank

Club: Halle/S

Number: 1

Course: 10.00 km

10 km-Lauf

Category:

Senioren M40 (40-44 Jahre)

Total time: 44:19

Speed: 13.54 km/h

Running performance: 4:26 min/km

Rank in course/Total: 5 (of 68)

Rank in course/Men: 5 (of 49)

Best time in course: 35:21

Rank in category: 1(of 10)

Best time in the category: 44:19