



2. Eisleber Frühlingslauf  
Lutherstadt Eisleben / 01.05.2012

Detailed evaluation

Rüdiger, Steffen

Club: Merseburg  
Number: 88

Course: 27.00 km  
Seelauf

Category:  
Senioren M45 (45-49 Jahre)

Total time: 2:04:06

Speed: 13.05 km/h  
Running performance: 4:36 min/km

Rank in course/Total: 7 (of 22)

Rank in course/Men: 7 (of 22)

Best time in course: 1:41:27

Rank in category: 4(of 6)

Best time in the category: 1:41:27