



2. Eisleber Frühlingslauf
Lutherstadt Eisleben / 01.05.2012

Detailed evaluation

Friedling, Heiko

Club: Eisleben

Number: 10

Course: 10.00 km

10 km-Lauf

Category:

Senioren M40 (40-44 Jahre)

Total time: 58:40

Speed: 10.23 km/h

Running performance: 5:52 min/km

Rank in course/Total: 52 (of 68)

Rank in course/Men: 40 (of 49)

Best time in course: 35:21

Rank in category: 9(of 10)

Best time in the category: 44:19