



18. Hainich-Lauf  
Mihla / 01.05.2012

## Detailed evaluation

**Senf, Michael**

Club: SV Blau Weiß Kreuzburg  
Number: 273

Course: 13.00 km  
Mittelstrecke

Category:  
Senioren M35 (35-39 Jahre)

Total time: 1:03:57

Speed: 12.20 km/h  
Running performance: 4:55 min/km

Rank in course/Total: 36 (of 102)

Rank in course/Men: 33 (of 82)

Best time in course: 45:06

Rank in category: 3(of 7)

Best time in the category: 50:28