



18. Hainich-Lauf  
Mihla / 01.05.2012

## Detailed evaluation

**Herz, Marco**

Club: Bischofroda  
Number: 243

Course: 13.00 km  
Mittelstrecke

Category:  
Senioren M40 (40-44 Jahre)

Total time: 1:03:58

Speed: 12.19 km/h  
Running performance: 4:55 min/km

Rank in course/Total: 37 (of 102)

Rank in course/Men: 35 (of 82)

Best time in course: 45:06

Rank in category: 8(of 9)

Best time in the category: 58:22