



18. Hainich-Lauf  
Mihla / 01.05.2012

## Detailed evaluation

**Bärwolf, Silvia**

Club: Lauffreud Breitungun  
Number: 240

Course: 13.00 km  
Mittelstrecke

Category:  
Seniorinnen W50 (50-54 Jahre)

Total time: 1:04:27

Speed: 12.10 km/h  
Running performance: 4:58 min/km

Rank in course/Total: 40 (of 102)

Rank in course/Women: 3 (of 20)

Best time in course: 1:00:53

Rank in category: 1(of 1)

Best time in the category: 1:04:27