



18. Hainich-Lauf
Mihla / 01.05.2012

Detailed evaluation

Speck, Wilfried

Club: SV Hitzeroide
Number: 224

Course: 13.00 km
Mittelstrecke

Category:
Senioren M55 (55-59 Jahre)

Total time: 1:04:38

Speed: 12.07 km/h
Running performance: 4:58 min/km

Rank in course/Total: 41 (of 102)

Rank in course/Men: 38 (of 82)

Best time in course: 45:06

Rank in category: 4(of 9)

Best time in the category: 59:52