



18. Hainich-Lauf
Mihla / 01.05.2012

Detailed evaluation

Mähler, Ulf

Club: Gü/We-Läufer
Number: 264

Course: 13.00 km
Mittelstrecke

Category:
Senioren M45 (45-49 Jahre)

Total time: 1:04:50

Speed: 12.03 km/h
Running performance: 4:59 min/km

Rank in course/Total: 43 (of 102)

Rank in course/Men: 40 (of 82)

Best time in course: 45:06

Rank in category: 11(of 19)

Best time in the category: 53:02