



18. Hainich-Lauf  
Mihla / 01.05.2012

## Detailed evaluation

**Kämper, Anke**

Club: fit & run  
Number: 286

Course: 13.00 km  
Mittelstrecke

Category:  
Seniorinnen W30 (30-34 Jahre)

Total time: 1:06:04

Speed: 11.81 km/h  
Running performance: 5:05 min/km

Rank in course/Total: 48 (of 102)

Rank in course/Women: 4 (of 20)

Best time in course: 1:00:53

Rank in category: 2(of 3)

Best time in the category: 1:00:53