



18. Hainich-Lauf
Mihla / 01.05.2012

Detailed evaluation

Sieber, René

Club: fit & run
Number: 288

Course: 13.00 km
Mittelstrecke

Category:
Senioren M45 (45-49 Jahre)

Total time: 1:06:12

Speed: 11.78 km/h
Running performance: 5:05 min/km

Rank in course/Total: 49 (of 102)

Rank in course/Men: 45 (of 82)

Best time in course: 45:06

Rank in category: 13(of 19)

Best time in the category: 53:02