



18. Hainich-Lauf  
Mihla / 01.05.2012

## Detailed evaluation

**Knipping, Harald**

Club: Lauffreunde Geba  
Number: 297

Course: 13.00 km  
Mittelstrecke

Category:  
Senioren M50 (50-54 Jahre)

Total time: 1:06:21

Speed: 11.76 km/h  
Running performance: 5:06 min/km

Rank in course/Total: 50 (of 102)

Rank in course/Men: 46 (of 82)

Best time in course: 45:06

Rank in category: 4(of 7)

Best time in the category: 56:25