



18. Hainich-Lauf
Mihla / 01.05.2012

Detailed evaluation

Knipping, Harald

Club: Lauffreunde Geba
Number: 297

Course: 13.00 km
Mittelstrecke

Category:
Senioren M50 (50-54 Jahre)

Total time: 1:06:21

Speed: 11.76 km/h
Running performance: 5:06 min/km

Rank in course/Total: 50 (of 102)

Rank in course/Men: 46 (of 82)

Best time in course: 45:06

Rank in category: 4(of 7)

Best time in the category: 56:25