



18. Hainich-Lauf
Mihla / 01.05.2012

Detailed evaluation

Dunkel, Frank

Club: SV Normania Treffurt
Number: 299

Course: 13.00 km
Mittelstrecke

Category:
Senioren M45 (45-49 Jahre)

Total time: 1:07:14

Speed: 11.60 km/h
Running performance: 5:10 min/km

Rank in course/Total: 53 (of 102)

Rank in course/Men: 48 (of 82)

Best time in course: 45:06

Rank in category: 14(of 19)

Best time in the category: 53:02