



18. Hainich-Lauf

Mihla / 01.05.2012

Detailed evaluation

Michl, Ramona

Club: Sportteam Steinbach Meiningen
Number: 206

Course: 13.00 km
Mittelstrecke

Category:
Seniorinnen W30 (30-34 Jahre)

Total time: 1:07:14

Speed: 11.60 km/h
Running performance: 5:10 min/km

Rank in course/Total: 52 (of 102)

Rank in course/Women: 5 (of 20)

Best time in course: 1:00:53

Rank in category: 3(of 3)

Best time in the category: 1:00:53