



18. Hainich-Lauf
Mihla / 01.05.2012

Detailed evaluation

Wölfel, Roland

Club: Stedtfelder Rennsteigfreunde 1979
Number: 294

Course: 13.00 km
Mittelstrecke

Category:
Senioren M55 (55-59 Jahre)

Total time: 1:07:51

Speed: 11.50 km/h
Running performance: 5:13 min/km

Rank in course/Total: 57 (of 102)

Rank in course/Men: 51 (of 82)

Best time in course: 45:06

Rank in category: 6(of 9)

Best time in the category: 59:52