



18. Hainich-Lauf  
Mihla / 01.05.2012

## Detailed evaluation

**Rommel, Knut**

Club: Bad Liebenstein  
Number: 270

Course: 13.00 km  
Mittelstrecke

Category:  
Senioren M45 (45-49 Jahre)

Total time: 1:12:45

Speed: 10.72 km/h  
Running performance: 5:36 min/km

Rank in course/Total: 65 (of 102)

Rank in course/Men: 56 (of 82)

Best time in course: 45:06

Rank in category: 16(of 19)

Best time in the category: 53:02