



18. Hainich-Lauf
Mihla / 01.05.2012

Detailed evaluation

Heintze, Sandra

Club: Hainichläufer Mühlhausen
Number: 252

Course: 13.00 km
Mittelstrecke

Category:
Seniorinnen W35 (35-39 Jahre)

Total time: 1:14:11

Speed: 10.51 km/h
Running performance: 5:43 min/km

Rank in course/Total: 71 (of 102)

Rank in course/Women: 10 (of 20)

Best time in course: 1:00:53

Rank in category: 2(of 2)

Best time in the category: 1:07:20