



18. Hainich-Lauf
Mihla / 01.05.2012

Detailed evaluation

Friedrich, Elke

Club: Krauthausen
Number: 251

Course: 13.00 km
Mittelstrecke

Category:
Seniorinnen W45 (45-49 Jahre)

Total time: 1:14:46

Speed: 10.43 km/h
Running performance: 5:45 min/km

Rank in course/Total: 73 (of 102)

Rank in course/Women: 12 (of 20)

Best time in course: 1:00:53

Rank in category: 4(of 7)

Best time in the category: 1:00:56