



18. Hainich-Lauf
Mihla / 01.05.2012

Detailed evaluation

Görlach, Folker

Club: Hainichläufer Mühlhausen
Number: 213

Course: 13.00 km
Mittelstrecke

Category:
Senioren M70 (70-74 Jahre)

Total time: 1:30:20

Speed: 8.63 km/h
Running performance: 6:57 min/km

Rank in course/Total: 98 (of 102)

Rank in course/Men: 79 (of 82)

Best time in course: 45:06

Rank in category: 2(of 2)

Best time in the category: 1:23:38