



18. Hainich-Lauf  
Mihla / 01.05.2012

## Detailed evaluation

**Görlach, Folker**

Club: Hainichläufer Mühlhausen  
Number: 213

Course: 13.00 km  
Mittelstrecke

Category:  
Senioren M70 (70-74 Jahre)

Total time: 1:30:20

Speed: 8.63 km/h  
Running performance: 6:57 min/km

Rank in course/Total: 98 (of 102)

Rank in course/Men: 79 (of 82)

Best time in course: 45:06

Rank in category: 2(of 2)

Best time in the category: 1:23:38