



18. Hainich-Lauf
Mihla / 01.05.2012

Detailed evaluation

Jesche, Silvo

Club: SC Impuls Erfurt
Number: 443

Course: 21.10 km
Halbmarathon

Category:
Senioren M45 (45-49 Jahre)

Total time: 1:53:48

Speed: 11.07 km/h
Running performance: 5:23 min/km

Rank in course/Total: 26 (of 53)

Rank in course/Men: 24 (of 42)

Best time in course: 1:13:22

Rank in category: 7(of 9)

Best time in the category: 1:29:34