



18. Hainich-Lauf  
Mihla / 01.05.2012

## Detailed evaluation

**Rippel, Markus**

Club: SV Nomania Treffurt  
Number: 301

Course: 13.00 km  
Mittelstrecke

Category:  
Senioren M30 (30-34 Jahre)

Total time: 52:11

Speed: 14.95 km/h  
Running performance: 4:01 min/km

Rank in course/Total: 3 (of 102)

Rank in course/Men: 3 (of 82)

Best time in course: 45:06

Rank in category: 1(of 6)

Best time in the category: 52:11