



18. Hainich-Lauf
Mihla / 01.05.2012

Detailed evaluation

Neuwald, Andreas

Club: SV Bergdorf Höhn
Number: 234

Course: 13.00 km
Mittelstrecke

Category:
Senioren M45 (45-49 Jahre)

Total time: 53:02

Speed: 14.71 km/h
Running performance: 4:05 min/km

Rank in course/Total: 6 (of 102)

Rank in course/Men: 6 (of 82)

Best time in course: 45:06

Rank in category: 1(of 19)

Best time in the category: 53:02