



18. Hainich-Lauf
Mihla / 01.05.2012

Detailed evaluation

Hesse, Uwe

Club: Physio K. Hesse
Number: 267

Course: 13.00 km
Mittelstrecke

Category:
Senioren M50 (50-54 Jahre)

Total time: 57:14

Speed: 13.63 km/h
Running performance: 4:24 min/km

Rank in course/Total: 11 (of 102)

Rank in course/Men: 11 (of 82)

Best time in course: 45:06

Rank in category: 2(of 7)

Best time in the category: 56:25