



18. Hainich-Lauf  
Mihla / 01.05.2012

## Detailed evaluation

**Kraus, Steffen**

Club: Bosch  
Number: 210

Course: 13.00 km  
Mittelstrecke

Category:  
Senioren M40 (40-44 Jahre)

Total time: 1:02:46

Speed: 12.43 km/h  
Running performance: 4:50 min/km

Rank in course/Total: 33 (of 102)

Rank in course/Men: 31 (of 82)

Best time in course: 45:06

Rank in category: 6(of 9)

Best time in the category: 58:22