



28. Abend-Berg-Lauf Friedrichroda, 14 Crosslauf für Schüler
Friedrichroda / 04.05.2012

Detailed evaluation

Thein, Simone

Club: Waltershausen

Number: 142

Course: 7.80 km

Berglauf kurz

Category:

Seniorinnen W45 (45-49 Jahre)

Total time: 57:15

Speed: 7.34 km/h

Running performance: 7:20 min/km

Rank in course/Total: 80 (of 83)

Rank in course/Women: 28 (of 29)

Best time in course: 35:33

Rank in category: 6(of 7)

Best time in the category: 35:33