



28. Abend-Berg-Lauf Friedrichroda, 14 Crosslauf für Schüler
Friedrichroda / 04.05.2012

Detailed evaluation

Volk, Tino

Club: Triathlon Friedrichroda
Number: 25

Course: 13.20 km
Berglauf lang

Category:
Senioren M45 (45-49 Jahre)

Total time: 57:15

Speed: 13.83 km/h
Running performance: 4:20 min/km

Rank in course/Total: 9 (of 99)

Rank in course/Men: 9 (of 79)

Best time in course: 52:32

Rank in category: 1(of 22)

Best time in the category: 57:15