



28. Abend-Berg-Lauf Friedrichroda, 14 Crosslauf für Schüler
Friedrichroda / 04.05.2012

Detailed evaluation

Gasa, Carola

Club: SV Mihla

Number: 95

Course: 13.20 km

Berglauf lang

Category:

Seniorinnen W50 (50-54 Jahre)

Total time: 1:05:18

Speed: 11.94 km/h

Running performance: 4:57 min/km

Rank in course/Total: 29 (of 99)

Rank in course/Women: 3 (of 20)

Best time in course: 1:04:33

Rank in category: 1(of 4)

Best time in the category: 1:05:18